

Our Mission

ABILITY COUNTS advocates and promotes a partnership with individuals with intellectual disabilities for the purpose of assisting them to gain access to quality vocational skills, vocational training, employment opportunities and community integration.



Referral Agency

Inland Regional Center
(909) 890-3000



Check us on Social Media

Ability Counts YouTube



Ability Counts Website



Ability Counts Facebook



Ability Counts, Inc./CIT
775 Trademark Circle,
101 Corona, CA. 92879



COMMUNITY INTEGRATION TRAINING PROGRAM

Day Program for Adults with Intellectual Disabilities



Contact Us: (951) 734-6595
or info@abilitycounts.org
www.abilitycounts.org



ANTICIPATED INDIVIDUAL OUTCOMES

Each program participant will learn the following:

- Employment training
- Community Integration
- Self-advocacy
- Self-sufficiency and Self-Care
- Achieve IPP objectives
- Communicate effectively
- Health and safety



METHODS TO DEVELOP INDIVIDUAL'S FUNCTIONAL SKILLS:

- Ongoing participation.
- Ongoing assessments.
- Ongoing training.
- Ongoing exploration of community services and community-based recreational activities.
- Practical demonstrations.
- Individualized training techniques and individualized assessments
- Coaching/Mentoring
- Group instructions, demonstration, discussions, and tutorials.

TYPE OF SUPPORT PROVIDED

Community-based recreation and integration include cultural activities, volunteering, social skills, trips to museums, library and community events.

Recreational and leisure skills include arts and crafts, music, field trips.

Basic nutrition training, include menu planning, meal preparation, reading and understanding nutrition labels.

Self-advocacy learn to advocate for oneself, ask for help, communicate effectively, share thoughts and feelings, learn own rights and make life choices and decisions.

Self-Sufficiency and Self Care include personal care, emotional support, financial independence, and interest, learn financial independence.

Learn to gain greater independence include activities of normal living such as, personal hygiene, grooming, and recreation.

STAFFING RATIO:

Support will be provided by qualified Instructors on a 1:3 basis to accommodate individualized support requirements and to maximize goal attainment.