

# Our Mission

## ABILITY COUNTS

advocates and promotes a partnership with individuals with intellectual disabilities for the purpose of assisting them to gain access to quality vocational skills, vocational training, employment opportunities and community integration.



### Referral Agency

Inland Regional Center  
(909) 890-3000



Check us on Social Media

Ability Counts YouTube



Ability Counts Website



Ability Counts Facebook



Ability Counts, Inc.  
775 Trademark Circle, 101  
Corona, CA. 92879



# ACTIVITY CENTER PROGRAM

*Day Program for Adults with Intellectual Disabilities*



Contact Us: (951) 734-6595  
or [info@abilitycounts.org](mailto:info@abilitycounts.org)  
[www.abilitycounts.org](http://www.abilitycounts.org)

## ANTICIPATED INDIVIDUAL OUTCOMES

Each program participant will learn the following:

- Employment training
- Community Integration
- Self-advocacy
- Self-sufficiency and Self-Care
- Achieve IPP objectives
- Communicate effectively
- Health and safety



## METHODS TO DEVELOP INDIVIDUAL'S FUNCTIONAL SKILLS

Daily participation in program activities.

Daily training in each activity based on participant's interest and ability.

Daily skill development and tracking.

Ongoing assessments.

Community services and recreational activities.

Practical demonstrations and simulators used to imitate real work experiences.

Individualized training techniques and individualized assessments.

Coaching/Mentoring.

Group instructions.

## TYPE OF SUPPORT PROVIDED

### COMMUNITY INTEGRATION:

Recreational and cultural activities, volunteering, social skills, community collaborations.

**SELF-ADVOCACY:** advocate for oneself, asking for help, communicate effectively, share thoughts and feelings, learn own rights, and make life choices, decisions.

**SELF-SUFFICIENCY & SELF-CARE:** learn financial independence, emotional support, personal care, cooking and meal preparation, sexuality training.

**HEALTH & SAFETY:** learn basic nutrition, menu planning and preparation; support physical health through basic fitness, balance, and movement exploration.



## STAFFING RATIO

Support will be provided by qualified Instructor on a 1:8 basis.